1 Bubble - move by 1/2 steps

Pulse　pulse　rev　　　Pulse　pulse　rev　　rev　　　rev

2 figuring out personal breaths

a　b　c　d　e　f　g　h　i　j　k　l　m　n　o　p　q　r　s　t　u　v　dou-ble　u and　x　y　z

3 Bubble and move higher/lower by 1/2 steps.

4 Retain "do" against pitch pipe; move by 1/2 steps